



NEW CANEY ISD

University Interscholastic League



Region IV-5A Swimming and Diving Championships
February 7- 8, 2025

Welcome:

New Caney Independent School District proudly hosts the UIL Region VI-5A Interscholastic Swimming and Diving Championships. We wish the best of luck to all competitors and hope each will achieve their goals.

Location:

Community Resource Credit Union Natatorium
21360 Valley Ranch Pkwy, New Caney, TX 77357
Telephone: (281) 577-8630

Liability:

The University Interscholastic League, New Caney Independent School District, and all officials accept no responsibility or liability for injuries sustained by any individual, athlete, official, meet volunteer, or spectator while traveling to and from or while participating in the meet.

Meet Behavior:

It is expected that all persons attending this meet will respect the facilities and remember that they represent themselves and their respective schools/teams. Damage to the facility, when proven, will cause the offending team to be held accountable and liable for repairs. It may also result in expulsion from the meet. (Remember, it is a UIL violation for swimmers to shave down on-site).

Spectators:

Tickets will be available at the entrance of the Natatorium and online for both Preliminaries and Finals. There is spectator-only grandstand seating for spectators on both sides of the pool. No spectators are permitted on deck.

Admission:

One-day pass \$10.00
Two-day pass \$15.00
Children 5 & Under - No Charge
Seniors 65 & Older - No Charge
No passes will be accepted



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Heat Sheets:

Prelims: \$5.00

Finals: \$5.00

Schedule:

Friday, February 7th: W/U 7:00 - 8:45 AM. Meet 9:00 AM

Swimming Prelims, Diving Prelims & Finals

**Diving competition will start approximately 1 hr and 30 minutes after swim prelims conclude (includes warm up time).*

Saturday, February 8th: W/U 7:00 - 8:45 AM. Meet 9:00 AM

Swimming Finals

Pool:

The pool consists of eight 9' lanes for competition and four lanes for continuous warm-up and warm-down on the other side of the bulkhead. The starting end of the pool is 13', and the turning end is 7'. The pool has a 288 x 960 full-color indoor Colorado LED video display with a full automatic Colorado Timing System.

Warm-Ups:

Lane warm-up assignments will be sent to coaches no later than Tuesday, February 6th, or after all entries have been received. Please provide an email address and phone number with your entries so that we can contact you regarding any important meet information. New Caney ISD safety guidelines and warm up procedures will be in effect during this meet. Please make sure you understand and follow these procedures.

Entries:

In order for participants to swim or dive in the Regional Meet, they must be officially registered by the deadline. This means the coach must have the participant's full name, school affiliation, and numerical grade level to the Regional Meet Entry Coordinator by the deadline. If you have a swimmer that is going to swim a relay at regionals and did not swim at the district meet, you will need to email the Regional Meet Entry Coordinator the information above before the deadline so they can be added to the meet. Teams will not be able to show up on the day of the meet and add individuals to the meet. If they are not in the system by the deadline, they will not swim.



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In UIL District & Regional Meets, a student may enter a maximum of 4 events, with no more than 2 of these events being individual events. Each school may enter a maximum of 4 entries in an individual event and 1 team in a relay event. In relay events, only the swimmers that have been officially registered in the meet will be eligible to swim. The Meet Director will designate the time and place for the coaches to declare the 4 that will swim.

All competitors, once officially entered, shall compete in all races, heats, and rounds of competition (excluding swim-offs and legally declared false starts) for which they qualify, except when an illness or injury certified by a physician or the referee forces a competitor to withdraw. This applies to individual members of relay teams (not entire teams) as well as to competitors in individual events. A competitor may be reinstated by the referee in a later event after illness/injury if a physician or referee verifies recuperation.

Relay Events:

Once a swimmer swims on a relay, it will count as one of the events allowed in the meet. National H.S. Federation & U.I.L. rules apply to entry requirements. Relay swimmers must be declared before the start of the relay. List up to eight (8) names for all relays entered. Changes to relay personnel must be from those eight (8) swimmers listed.

Entry Fees:

The entry fee will be \$15.00 per individual entered in the meet (*All swimmers on your roster are considered entered in the meet, even if they are relay-only swimmers*) and \$15.00 per relay entered.

Make Checks Payable to

New Caney Independent School District Athletics

21580 Loop 494, New Caney, Texas 77357

Deadline:

The deadline for submission of meet entries to the Meet Entry Coordinator no later than 6:00 PM Friday, January 31st, 2025. Coaches should email their entries to lwilcox@newcaneyisd.org. In the email, attach the Meet Manager File (Hy-Tek or Team Unify) along with the PDF Entry Report, sorted by "Meet Event Number." **Zipped folder file attachments cannot be accepted.** Include your team name in the subject of the email. If you have a swimmer that qualified in the top six (6) at your District Championship Meet but is not competing in that individual event, make a note in the email body..

The Meet Entry Coordinator shall, upon receiving each email, notify the appropriate party of the



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receipt and any problems noted with the files within 24-48 hours. If there is no reply within the specified time, please get in touch with the Regional Meet Entry Coordinator immediately. District meet directors shall e-mail the Hy-Tek backup file to the Region Meet Director as soon as possible. Email meet backup to: lwilcox@newcaneyisd.org Please make sure you indicate any scratches that need to be made. Swimmers will not be allowed to scratch an individual event to swim three (3) relays after the specified entry deadline, Sunday, February 4, 2025.

Please review Rule 3, Section 1, Article 1, and Section 2, Articles 1, 2, 3, and 5 of the NFHS Swimming and Diving Rules Book concerning meet entries and meet conduct for championship meets. **No scratches will be honored after the entry deadline.**

Diving:

Diving sheets will be registered by following the UIL recommended procedures at www.cleanentries.com by: **Friday, January 31st, 2025**

All-American Diving

Schools may appoint one individual to film/videotape the Diving Competition. This person will receive a deck pass (***Notify dplunk@newcaneyisd.org by February 5, 2025, to receive a pass***) and be permitted to film from the west deck during the diving competition. Only power packs or battery videotape recorders will be permitted. All other videotaping is prohibited. Those who advance to the U.I.L. State Championships in Diving must go to the U.I.L. site (Through the TISCA website) and submit their diving sheet online through eDive (*Link will be added at a later date*)

Scoring:

Individual Events

1st – 8th Place: 20-17-16-15-14-13-12-11

9th – 16th Place: 9-7-6-5-4-3-2-1

Relay Events

1st – 8th Place: 40-34-32-30-28-36-24-22

9th – 16th Place: 18-14-12-10-8-6-4-2

Awards:

Individual & Relay Events

Medals 1st – 3rd with Ribbons 4th – 8th place



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Team Awards

U.I.L. Plaque for the First Place Team both girls and boys teams.

Competitor and Coaches Awards

TISCA Regional Competitor(s) of the Meet will be determined by the **NISCA PowerPoint Rating System**. The individual swimmer with the highest point totals in individual events will be recognized as the Regional Swimming Competitor of the Meet. In the event of a tie, head coaches who are TISCA members will vote. The 1st Place Girl and 1st Place Boy in the Diving Competition will also receive the Regional Diving Competitor of the Meet award.

TISCA Regional Coach of the Year for both Swimming & Diving

The coaches will vote to determine the Swimming & Diving Coach of the Year. The Diving Coach of the Year will be voted on following the diving competition, and the Swimming Coach of the Year following the 100 Breaststroke. All ballots should be turned in to the region rep or his/her Designee. Please email a copy of your TISCA membership card with your entry.

Advancers:

The top two (2) place finishers in each individual event and relay (Top 3 for Diving) will automatically advance to the U.I.L State Meet. The next eight swimmers (3rd through 8th place) from across the state with the best regional finals times will also advance to the state meet.

Officials:

Meet Director:	David Plunk	dplunk@newcaneyisd.org
Meet Referee:	Scott Reynolds	Scott.reynolds98@gmail.com
Diving Referee:	Scott Reynolds	Scott.reynolds98@gmail.com
Meet Entry Coord.:	Lauren Wilcox	Lwilcox@newcaneyisd.org

(The Meet Referee will contact officials, or please have your officials contact them if they can work the Regional Meet.)

This meet will be observed for USA Swimming

Meet Format:

The meet is a Prelim/Finals Meet with the top 8 times/places from prelims advancing to A finals, and the following 8 places (9th - 16th) in prelims will advance to B finals. Swimming & Diving will be conducted based on the 2023-2025 U.I.L and High School National Federation Rules.



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Award Presentations:

Awards will be given out throughout the meet with scheduled breaks for awards. Only the 8 finalists will be recognized with the staging area at the north end of the bleachers in the hallway by the doors. Finalists are encouraged to dress in warm-ups or in some type of team apparel when on the awards stand. The coach of the winning swimmer in that event or relay will hand out awards for that event. Diving awards will be awarded following the completion of the diving event and will be announced again during the swimming competition finals. To allow the meet to flow without too many delays, awards will be given at the following designated times (See Below). The meet referee will ensure we are not rushing from one event to the next to provide kids with adequate rest.

Award Breaks:

After the 50 Free: 200 M.R., 200 Free, 200 I.M., 50 Free

After the 200 Free Relay: 100 Fly, 100 Free, 500 Free, 200 F.R.

After the 100 Breast: 100 Back, 100 Breast

After the 400 Free Relay: 400 F.R. & Team / Individual Awards

Timing:

We will not be requesting help from teams for timing during the meet.

Seating:

There will be assigned seating for teams with spectators sections. We ask that no one saves seats or blocks specific areas off for their team. We will open our doors for spectators at the following times;

- Friday, February 7th, Swimming Prelims, Diving Prelims & Finals at 8:00 AM
- Saturday, February 8th, Swimming Finals at 8:00 AM

Team assigned seating areas will be determined based on the number of swimmers entered in the meet. We will attempt to put most teams on the pool deck to allow for more spectator seating. Please do not have swimmers sit in the spectator-only seating area.

No standing in front of the spectator area for any reason. Violators will be asked to leave the premises if they persist.

T-Shirts:

Customized regional T-shirts will be available at the meet for purchase.



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ONSITE OFFICIAL EVENT APPAREL
VISIT FINE DESIGNS TENT TO GET YOUR PERSONALIZED SHIRT!

Fine Designs
IMPRINTED SPORTSWEAR

Concessions:

Concessions & hospitality will be available throughout the meet.

Hotels:

We have listed nearby hotels for your consideration. **All teams are responsible for securing their own accommodations.** Please go online or call to inquire about reservations. Each of these recommended hotels have easy access to and from our pool.

<p>Courtyard Houston Kingwood 130 Northpark Plaza Dr. Kingwood, TX 77339 (281) 973-1790</p> <p>Reserve Here</p>	<p>La Quinta Inn & Suites 22025 US Hwy 59 New Caney, TX 77357 (281) 354-1904</p> <p>Reserve Here</p>	<p>Hotel Manhattan BW 17546 US Hwy 59 New Caney, TX 77357 (281) 306-7057</p> <p>Reserve Here</p>
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Contact Information:

David Plunk, Meet Director
Pool Phone: (281) 577-8630
E-mail: dplunk@newcaneyisd.org

Miscellaneous Meet Information:

Meet Committee

A meet committee will be appointed by the Meet Referee on Monday before prelims at the coaches meeting.

Relay Change Form for State Meet

Teams that advance relays to the state meet should go to the U.I.L. website (Through the TISCA website) and submit relay names for their relays. (Link Below)

<https://www.uil-texas.org/swimming-diving/page/Swimming-and-Diving-Forms>

State Advancer Call Ups

Those who do not automatically qualify for the U.I.L. State Championship will be able to see the official “Call Up List” on U.I.L. website and have a link on the TISCA website. Please do not call the U.I.L. before the posting of the results.

Videotaping / Filming

Videotape or film will not be used in judging any swimming/diving event. Please use the extreme wings of the spectator area for filming. Please be sensitive to the other spectators. No standing in front of the spectator area for any reason. Violators will be asked to leave the premises if they persist.

Rules, Regulation, Prohibitions, and Deck Access

- All participants must follow the CDC “Healthy swimming policy” and shower before warm-up, with no exceptions.
- Shaving is not permitted anywhere within the entire NCISD Natatorium Complex.
- Deck changing is strictly prohibited and subject to disqualification from the meet.
- Security personnel are empowered to enforce any and all regulations established by NCISD Natatorium Policy.
- Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck – all spectators and parents must remain in the grandstand.
- Participants in swimsuits are not allowed in the Grandstand-seating area. Participants and spectators are not allowed to lean against the rails or pass any posted barriers.



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- Participants and spectators are not allowed to use other areas of the NCISD athletic complex during this event without securing a pass at the athletic offices.
- Lawn Chairs are not allowed in the NCISD Natatorium Grandstand-seating area; stadium seats shall not exceed 17” wide x 13” deep.
- Each competing team is permitted one temporary banner, placed at the discretion of the NCISD Natatorium Coordinator. Team banners must not exceed 5’ by 8’. No handmade signage is allowed. Blue painter's tape only to secure.
- No megaphones, pep bands, instruments, horns, mechanical noisemakers, large flags, flash cameras, glitter, confetti, etc. will be permitted.
- The use of flash cameras or noise-makers at the start, during, or end of any race is prohibited.
- Absolutely no tobacco, electronic cigarettes (vape-pen/E-Cig), alcohol products, or glass containers are allowed on the New Caney Independent School District property. This applies to the parking lot.
- Participants/Teams are allowed an Ice Chest (1) PER TEAM on the deck provided they do not contain glass items; bottled water only is allowed.
- Teams are expected to police their respective areas after the competition.
- Participating in any activity that can be interpreted or described as “risky” or “horseplay” is prohibited throughout the entire NCISD Natatorium Complex; in addition, all persons are prohibited from physically entering or placing any items inside of the NCISD fountain.
- Diving equipment such as trampoline and spotting rigs are not to be used unless authorized by the NCISD Natatorium Coordinator.
- Blocking or restricting fire lanes or emergency exits and using emergency exits for non-emergency use is prohibited.
- No pets are permitted
- No food is permitted on deck or on the green turf in front of the community room at any time. Food is allowed outdoors, in the spectator area upstairs, or in the community room seating areas.

Access to the deck of the NCISD Natatorium is restricted to the following:

- Athletes from competing teams
- Administrative support personnel
- Coaches of competing teams
- Facility/District Staff
- Officials
- Security personnel
- Computer systems operators
- Lifeguards
- Lane timers
- Credentialed media personnel
- Other personnel on a case-by-case basis at the discretion of the Meet Coordinator, the Meet



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Director, or the Meet Referee

Participating Schools

District 13: Denison, Lucas Lovejoy, McKinney North, Melissa, Prosper Walnut Grove, Sherman

District 14: Mesquite Poteet, North Mesquite, Red Oak, West Mesquite

District 15: Hallsville, Mount Pleasant, Texarkana Texas, Tyler, Whitehouse

District 16: Humble Kingwood Park, Huntsville, Lufkin, Nacogdoches, New Caney Porter, New Caney West Fork

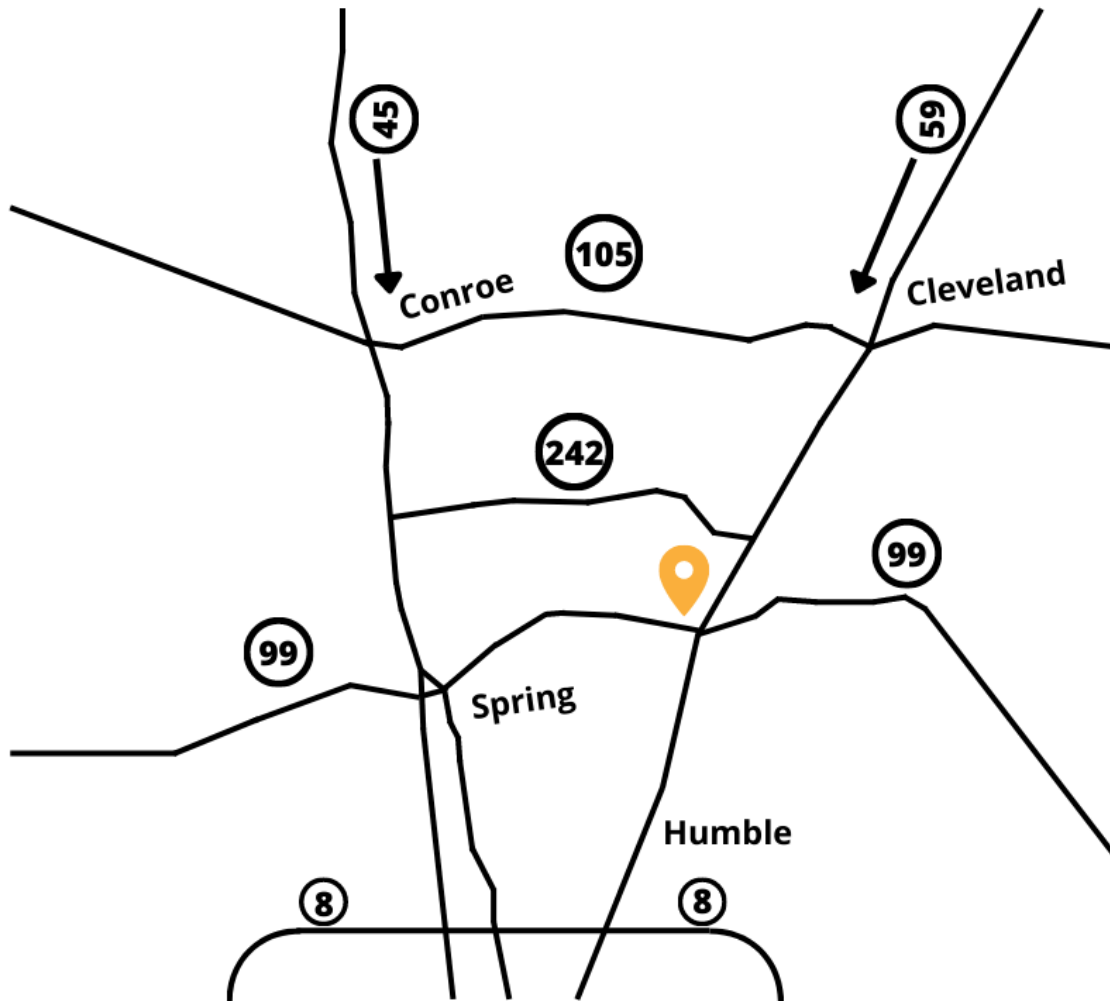


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Map



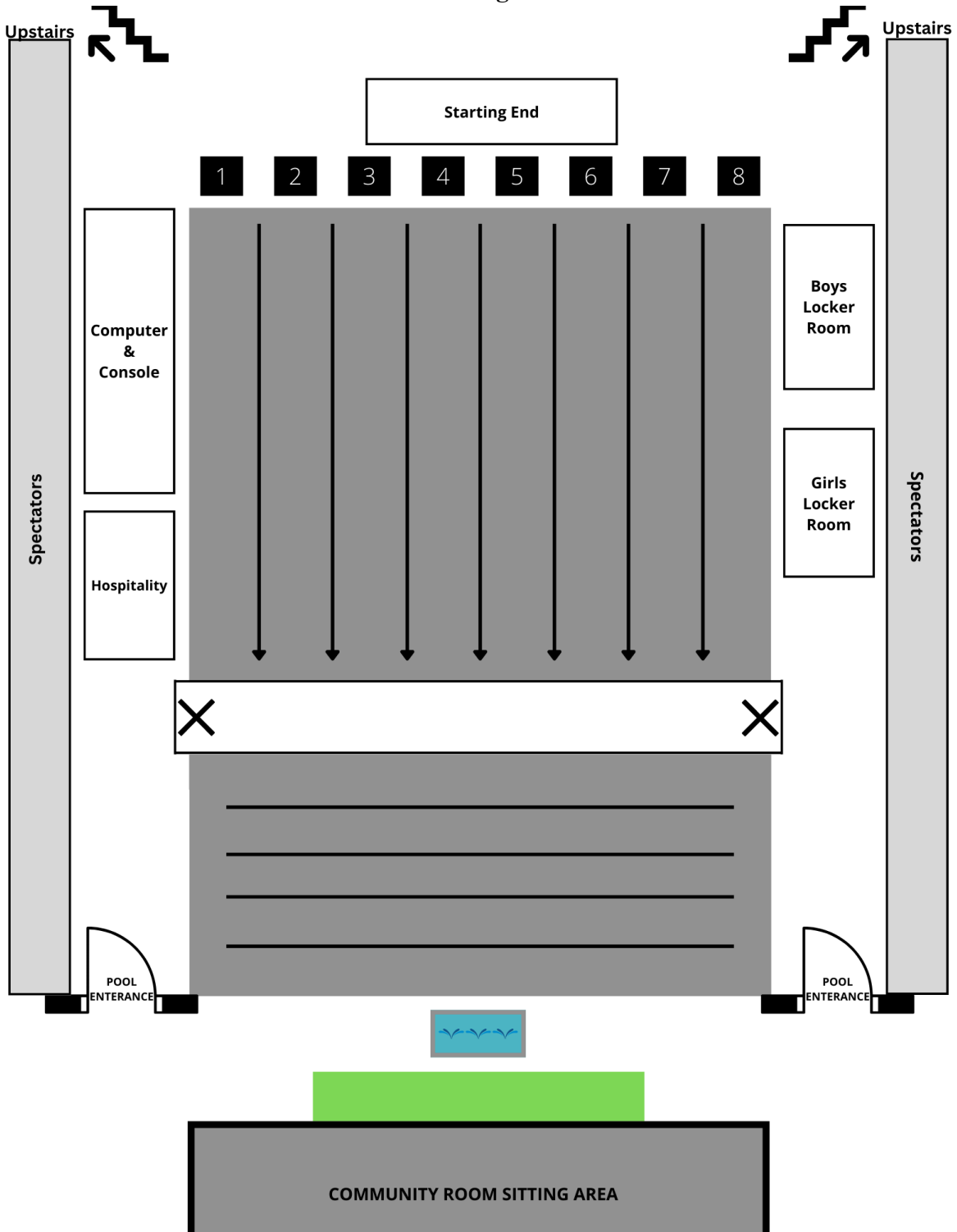


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Pool Diagram





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Parking

